#### **CAHR 2020 Virtual**



We live and work on the unceded Coast Salish Territory and the occupied, ancestral and traditional lands of the xwməθkwəyəm (Musqueam), Skwxwú7mesh (Squamish), Stó:lō and Səlĭlwəta?/Selilwitulh (Tsleil-Waututh) Nations

# THE BUTTERFLY PROJECT

An Indigenous Community-Based Research, Knowledge Translation Project

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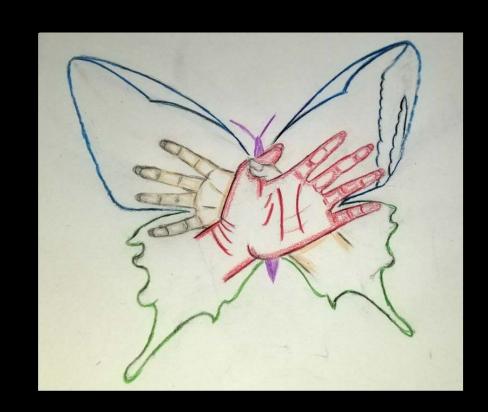
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Conflicts of interest: In the past two years, Alexandra King has received honoraria from and served as a member of the Scientific Advisory Board for GILEAD SCIENCES.

## INDIGENOUS WELLNESS RESEARCH GROUP (IWRG) VANCOUVER, CANADA

Indigenous led, community-centered research utilizing Indigenous knowledges and land-based healing to promote health and wellness.

Participants are Indigenous women and two-spirited men, a 1/3 of whom are living with HIV and are experiencing poverty and discrimination while living in the high-risk environment of the DTES of Vancouver, BC. Many also have addiction experience.



#### PARTICIPATORY KNOWLEDGE TRANSLATION

- Participatory knowledge translation and exchange project and documentary video based on Indigenous Ways of Knowing
- Project builds upon Indigenous epistemologies to evaluate previous research studies conducted by the IWRG in Vancouver
- Participants are creating the KT themselves to reflect their experience with the research
- Artwork, public showcase, and documentary video translate the research findings



### THE BUTTERFLY PROJECT- METHODS

- Sharing Circles
- Indigenous Ceremony theme of the butterfly
- Drumming, Singing
- Indigenous Cultural Healing Practices
- Art Creation creation of butterfly to reflect personal metamorphosis
- Arts Based Methods design and production of butterfly to reflect self
- Individual video taped interviews
- Gala Ceremony, Dance Performance, Art Display
- Documentary Video Forthcoming!



#### THE BUTTERFLY PROJECT - KNOWLEDGE TRANSLATION

Connecting with one's culture is essential for the healing process for urban Indigenous people living with HIV

Sharing circles and cultural, land-based activities like this are needed and wanted as a regular option for the Indigenous participants living in the DTES

The butterfly is a symbol of change, joy and color, a miracle of transformation



This project was funded through a CIHR grant: Connections with the land: Developing gender-appropriate Two-eyed Seeing, Land-based Wellness Interventions. Wise practices, research methodologies, and knowledge translation and exchange for Indigenous people with lived HIV and/or HCV experience. Grant #RN299218-380887